

## **Tirzepatide Starting dose:**

**Starting dose: Weeks 1 through 8**

**Week 1: 2.5 mg**

**Week 2: 2.5 mg**

**Week 3: 2.5 mg**

**Week 4: 2.5 mg**

- **After week 4, if the client is not having adequate hunger control and if there are no side effects, then it's safe to increase dose to 5 mg per week**
- **After 8 weeks, if the client is not having adequate hunger control and if there are no side effects, then the client MUST see the MD to increase the dose.**