

Semaglutide Starting dose:

Starting dose: Weeks 1 through 8

Week 1: 0.3 mg

Week 2: 0.3 mg

Week 3: 0.4 mg

Week 4: 0.4 mg

Week 5: 0.5 mg

Week 6: 0.5 mg

Week 7: 0.5 mg

Week 8: 0.5 mg

After week 8, if the client is not having adequate hunger control and if there are no side effects, then it's safe to increase dose to 1 mg per week